

BRUND FELL & KING'S HOW

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from '15 Walks from Keswick'



This is a short undulating circular walk over terrain which is decidedly different from the rest of the Lake District. Around Dock Tarn the surface of the fell is covered with an unusual mixture of broken rock and heather. Whilst between Brund Fell and King's How, individual knolls of crag form separate miniature peaks. If anywhere in the Lake District can be said to attain the surreal, this is the place. This is a walk then with a wide variety of interest and well worth undertaking the steep initial climb it requires.

Circular Walk	
Distance	5.5 miles
Total feet of ascent	1500 feet
Approx time	3.5 hours
Starting Point	Rosthwaite Car Park
Public transport	Service 79 Borrowdale bus

From Rosthwaite village stores walk a few yards north along the road towards Keswick and take the first right onto a narrow surfaced road. Immediately after crossing the stone bridge turn right and follow the bridleway which initially follows the side of the river you have just crossed. Where this bridleway turns sharp right into Stonethwaite keep going straight ahead through a five bar gate along a continuing bridleway sign posted as leading to Grasmere. Immediately after passing a second five bar gate a rusted metal signpost indicates the start of the path leading uphill to the left to Dock Tarn.

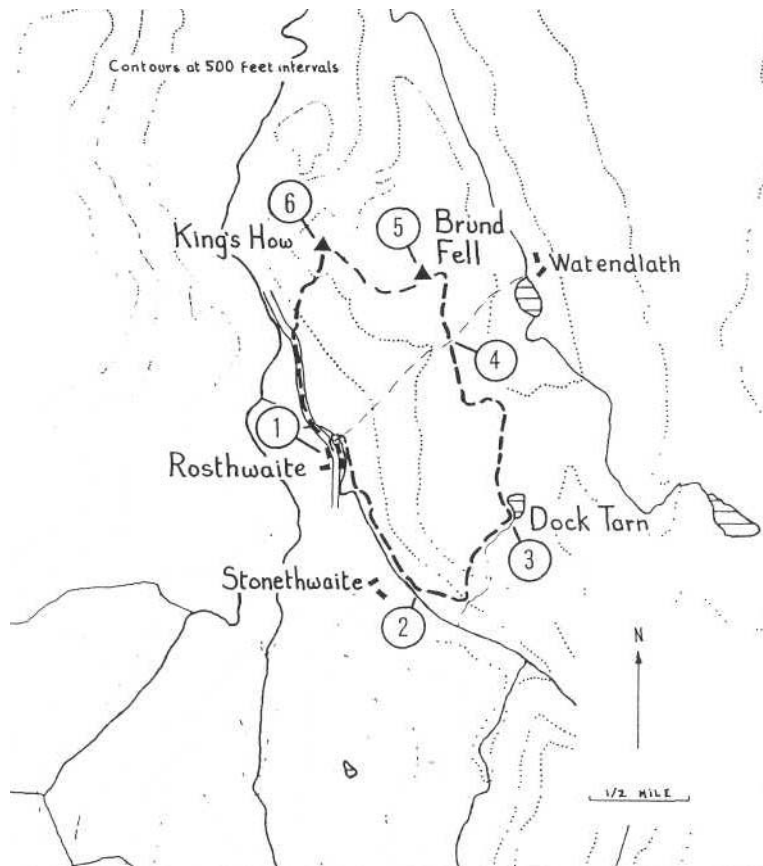
1 This becomes a very steep but well cobbled path through an oak wood. Emerging from this the gradient soon eases and the path continues through an unusual terrain of broken rock and heather to Dock Tarn.

3 From Dock Tarn continue along the path following the western side of the tarn. A few hundred yards after leaving the tarn the path begins descending to Watendlath. Passing through a gateway the path begins to follow a series of blue topped wooden posts. Half a mile from Watendlath these posts then follow another path veering off sharply to the left towards a wire fence. (Or at least the most obvious set of posts do, confusingly another set continues following the path down to Watendlath.) The posts lead to a five bar gate and kissing gate set in the fence. Here the posts end, but the path leading from the gates is clear enough and leads to a broad pathway which is the Watendlath to Rosthwaite bridleway, once the main route into Borrowdale.

4. Cross straight over this bridleway and follow the path following the side of the wall uphill directly ahead of you. A few hundred yards along this wall is a wooden stile. Ignore this stile and keep climbing uphill. Nearing the top of the fell a second stile is arrived at. Cross over this stile and continue along the path on the other side to the top of Brund Fell.

5. The path slightly bypasses the summit of Brund Fell and continues straight ahead This is a well defined path that descends downhill, eventually reaching a wire fence at the foot of King's How. Crossing over the fence follow the steep worn path directly ahead to the top of King's How.

6. From the top of King's How a path descends directly downhill southwards towards Rosthwaite. This path soon splits in two. Bear right. From here the path becomes more defined twisting through a wood of birches and occasional yew trees Reaching a ruined wall the path again splits in two. Follow the lefthand path passing through the wall. This is a thin but discernible path descending downhill until it reaches a point a couple of hundred feet above the roadway where it seems to split in three! Take the left branch. This soon links up with a more defined path leading to the roadway. On reaching the road follow it back to Rosthwaite.



This route was downloaded from www.keswick.org

KESWICK
AND THE NORTH LAKES